

### *Eyeliner Aftercare*

Micropigmentation procedures are affected by the skin they are performed on. Lifestyle, medication, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively because every person's skin is different and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial procedure has fully healed. Because of this, the micropigmentation process is NOT COMPLETE after the initial procedure. In all cases, a follow-up appointment is required approximately 4 weeks after your initial application to fine-tune and ensure the best result.

#### **General Instructions:**

- Apply ice packs as necessary to prevent or reduce swelling
- When the area starts to flake, leave it. Do not pick, peel or pull on the skin.
- Avoid sweating, such as vigorous exercise, for 24 hours.
- For at least one week post-procedure:
  - Keep your hands clean and avoid touching the affected areas.
  - Do not scrub or pick treated areas.
  - Do not use peroxide or Neosporin on treated areas.
  - Do not expose area to direct sun or tanning beds
- Avoid Retin-A, moisturizers, glycolic acids, exfoliants and anti-aging products at all times, not just during the healing process. These can cause pigments to fade.
- Avoid tanning beds, sun, chlorine spas and pools, soap and chemicals near the treated area until healed.
- Periodic touch-ups will ensure longer lasting results, usually done annually.

#### **Eyeliner Instruction:**

- Contact lenses should not be worn until healing subsides.
- Regarding the use of mascara during the healing process:
  - DO NOT wear mascara for a few days.
  - Use ONLY new, unopened in order to avoid contamination.
  - Apply mascara only to the tips of the eyelashes.
- Do not use eyelash curlers during the healing process.

#### **Healing Schedule:**

Day	Effect
<b>1</b>	The eyes will be swollen and sore, like you have been crying, with a heavier eye makeup look. For the first 3-4 days, the color is darker than it will appear when healed.
<b>2</b>	The eyelids are swollen for a few hours after waking up, will with a heavier makeup look. When you wake up, refresh the area with cool water. Tissue dry and re-apply ointment. Repeat in the evening. As the day progresses, swelling should subside.
<b>3</b>	Swelling decreases but not gone entirely. There is a tight feeling. The top layers of skin begin to lift away. The soreness will become less as the treated area begins to exfoliate. A rough texture appears on the skin.
<b>4</b>	There is a pinching feeling and some itching as the skin begins to flake, <b>DO NOT PICK AT IT!</b> , it will flake off with eye movement. Discontinue ointment.
<b>5</b>	Color finishes flaking off and appears softer and grayer for a few days until color clarifies.
<b>6</b>	The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.
<b>10</b>	The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

*Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact your doctor immediately.*