



915 SE Ocean Blvd, Ste 5  
Stuart, FL 34994  
772-219-4552

## SculpSure Pre-Treatment Instructions

- No sun exposure 7 days prior to the treatment
- Remove all creams or oils prior to the treatment

## SculpSure Post-Treatment Instructions

- May experience mild pickiness or redness, tenderness, swelling and skin firmness
- Tenderness may last up to two weeks
- Use cold compress and/or acetaminophen to help relieve tenderness
- Gently massage the area twice a day for 5-10 minutes
- May resume normal activity including exercise immediately post treatment
- Encourage proper hydration and light physical activity to help mobilize fat via the lymphatic system