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THREE FOR ME WHAT TO EXPECT

During Three For Me laser treatments most people feel only minimal discomfort. Your physician may use comforting techniques such as a topical numbing cream or cool gel packs to further enhance your experience. After the treatment, you may experience some minor redness and swelling similar to a slight sunburn. This should resolve in just a couple days but you can wear makeup to conceal any redness.

You will see continued improvement in the skin's appearance during and after a course of 1-3 treatments with visible results after each individual treatment. You may see results in facial veins immediately after the treatment along with a darkening of the brown spots. These spots will flake off over the next one to three weeks leaving you with a glowing appearance. Lastly, you will see progressive results on any fine lines, wrinkles or scarring over the next six months as your skin naturally responds to the treatment.

POST TREATMENT INSTRUCTIONS

- Immediately after treatment, there should be erythema (redness) and edema (swelling) at the treatment site, which may last up to 2 hours, or longer. The erythema may last up to 2-3 days. The treated area will feel like a sunburn for a few hours after treatment.
- Cool, moist washcloths can be applied to the area for 24 hours after treatment.
- Avoid sun exposure to reduce the chance of hyperpigmentation (darker pigmentation).
- Use sunblock (SPF 30+) at all times throughout the course of treatment.
- The treated pigment will appear darker immediately and within the first few days following treatment. The darkened pigment will flake off like dry skin within 7-10 days. Avoid picking or scratching the treated skin.

There are no restrictions on bathing except to treat the skin gently, as if you had a sunburn, for the first 24 hours.

